

H I G H L A N D
FOOTBALL



Brody Benson
Head Football Coach
Phone: 801 484-4343, ext. 253

CALANDAR OF EVENTS: 2016

- **Study Hall (F's and D's)** 2 days a week till June 2nd
6:00 a.m. till 7:15
- **Early Morning Skills** 2 days a week until May 27th
6:00 a.m. till 7:15
- **Spring Football Camp** May 31st – June 3rd
3:00 p.m. to 5:30 p.m.
- **Ute Shoot** June 4th
All Day
- **ACT for Juniors** June 11th
*Last chance before senior year.
Registration must be completed by May 6th*
- **Summer Lifting & Conditioning** June 6th through June 30th
Wgt Room Open 7 a.m. to 12 noon
- **Little League Camp** July 19th – July 21st
@ Highland High 6 p.m.
- **OFF(State Moritorium)** July 1st --- July 11th
- **Conditioning Camp** July 12th -- July 15th
7 a.m. to 11 a.m.
- **Highland High Football Camp** July 18th --- July 22rd
7 a.m. to 3 p.m. (Lunch Provided)
- **Skill Development/
Heat Acclimization** July 26th --- August 5th
*7 a.m. to noon/Mandatory
Monday—Friday*
- **Tryouts Begin** Aug 1st --- Aug 12th
- **Two-A-Days** Aug 8th --- Aug 18th
7 a.m. to 2 p.m.
- **Black & White/Booster Event** Aug 12th
Time TBD