

JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 th	5 th	6 th	7 th	8 th
		Last day of school		
11 th	12 th	13 th	14 th	15 th
8-10am Conditioning/Training (Baseball Field)	8-10pm skill work/open play (turf/football field)	8-10am Conditioning/Training (softball field)	8-10pm skill work/open play (turf/football field)	8-10am Conditioning/Training (Baseball field)
18 th	19 th	20 th	21 st	22 nd
8-10:30am 1 st Ram Camp (Baseball field) *possible team activity TBD	8-10:30am 1 st Ram Camp (Softball field) 8-10pm 1 st Ram Camp (turf/football field)	8-10:30am 1 st Ram Camp (Softball field) *possible team activity TBD	8-10:30am 1 st Ram Camp (Softball field) 8-10pm 1 st Ram Camp (turf/football field)	8-10:30am 1 st Ram Camp (Baseball field) *possible team activity TBD
25 th	26 th	27 th	28 th	29 th
UofU Match Camp	UofU Match Camp	UofU Match Camp	UofU Match Camp	UofU Match Camp

JULY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 nd	3 rd	4 th	5 th	6 th
UHSAA Moratorium – No Soccer or Conditioning	UHSAA Moratorium – No Soccer or Conditioning	UHSAA Moratorium – No Soccer or Conditioning	UHSAA Moratorium – No Soccer or Conditioning	UHSAA Moratorium – No Soccer or Conditioning
9 th	10 th	11 th	12 th	13 th
8-10:30am 2 nd Ram Camp (Baseball field) *possible team activity TBD	8-10:30am 2 nd Ram Camp (Softball field) 8-10pm 2 nd Ram Camp (turf/football field)	8-10:30am 2 nd Ram Camp (Softball field) *possible team activity TBD	8-10:30am 2 nd Ram Camp (Softball field) 8-10pm 2 nd Ram Camp (turf/football field)	8-10:30am 2 nd Ram Camp (Baseball field) *possible team activity TBD
16 th	17 th	18 th	19 th	20 th
8-10am Conditioning/Strength Training (Baseball field)	8:30-10:30pm stretching/footwork & open field (turf/football field)	8-10am Conditioning/Strength Training (Softball field)	8:30-10:30pm stretching/footwork & open field (turf/football field)	8-10am Conditioning/Strength Training (Baseball field)
23 rd	24 th	25 th	26 th	27 th
8-10am Conditioning/Strength Training (Baseball field)	4 th of July – No Soccer	8-10am Conditioning/Strength Training (Softball field)	8-10pm stretching/footwork & open field (turf/football field)	8-10am Conditioning/Strength Training (Baseball field)

All players must have RegisterMyAthlete.com done and Physical turned in before Tryouts start on Monday, July 30th.

AUGUST 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
July 30 th	31 st	August 1 st	2 nd	3 rd
3:00- 5:30pm Tryouts (soccer field) RegisterMyAthlete & Physicals Must Been Done by Noon to tryout	3:00- 5:30pm Tryouts (soccer field)	3:00- 5:30pm Tryouts (soccer field)	Varsity/JV Practice 3-5pm All Teams – Uniform Hand Out – Gear Size info 5-6 Parent/Player Meeting 6:00pm *Fundraiser – Banners/Posters start)	Varsity/JV Practice 3-5pm
6 th	7 th	8 th	9 th	10 th
Varsity/JV Practice 3-5pm	Highland at Judge Varsity: 6:00pm, JV: 4:00pm	Varsity/JV Practice 8-10am Highland at Olympus Soph/Frosh: 5:30pm	Varsity/JV Practice 8-10am	Highland at Riverton Varsity: 3:30pm, JV: 5:15pm
13 th	14 th	15 th	16 th	17 th
Varsity/JV Practice 3-5pm *Fundraiser – Banners/Posters Due	Park City at Highland Varsity: 3:30pm, JV: 5:15pm	Varsity/JV Practice 3-5pm Highland at East Soph/Frosh: 5:30pm	Highland at Cottonwood Varsity: 3:30pm, JV: 5:15pm	Bingham at Highland Varsity 3:30pm, JV 5:15pm
20 th	21 st	22 nd	23 rd	24 th
Varsity/JV Practice 3-5pm	Varsity/JV Practice 3-5pm	Varsity/JV Practice 3-5pm Skyline at Highland Soph/Frosh: 5:30pm	Brighton at Highland Varsity: 3:30pm, JV: 5:15pm	Varsity/JV Practice 3-5pm
27 th	28 th	29 th	30 th	31 st
Varsity/JV Practice 3-5pm	Olympus at Highland Varsity 3:30pm, JV: 5:15pm	Varsity/JV Practice 3-5pm Highland at West Soph/Frosh: 5:30pm	East at Highland Varsity 3:30pm, JV: 5:15pm	Varsity/JV Practice 3-5pm

SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 rd	4 th	5 th	6 th	7 th
Labor Day (no practice – all teams)	Varsity/JV Practice 3-5pm	Varsity/JV Practice 3-5pm Highland at Murray Soph/Frosh: 5:30pm	Highland at Skyline Varsity 3:30pm, JV 5:15pm	Varsity/JV Practice 3-5pm
10 th	11 th	12 th	13 th	14 th
Varsity/JV Practice 3-5pm	West at Highland Varsity 3:30pm, JV 5:15pm	Varsity/JV Practice 3-5pm Olympus at Highland Soph/Frosh: 5:30pm	Highland at Murray Varsity 4:00pm, JV 5:45pm	Varsity/JV Practice 3-5pm
17 th	18 th	19 th	20 th	21 st
Varsity/JV Practice 3-5pm	Highland at Olympus Varsity 3:30pm, JV 5:15pm	Varsity/JV Practice 3-5pm West at Highland Soph/Frosh: 5:30pm	Highland at West Varsity 3:30pm, JV 5:15pm	Varsity/JV Practice 3-5pm

24 th	25 th	26 th	27 th	28 th
Varsity/JV Practice 3-5pm	Skyline at Highland Varsity 3:30pm, JV: 5:15pm	Varsity/JV Practice 3-5pm Highland at Skyline Soph/Frosh: 5:30pm	Highland at East Varsity 3:30pm, JV 5:15pm	Varsity/JV Practice 3-5pm
OCTOBER 2018				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 st	2 nd	3 rd	4 th	5 th
Varsity/JV Practice 3-5pm Murray at Highland Soph/Frosh: 5:30pm	Murray at Highland Varsity 3:30pm, JV 5:15pm	*Varsity/JV Practice 3-5pm East at Highland Soph/Frosh: 5:30pm	*Varsity/JV Practice 3-5pm	*Varsity/JV Practice 3-5pm
8 th	9 th	10 th	11 th	12 th
Varsity/JV Practice 3-5pm	1 st Round State	*Varsity/JV Practice 3-5pm	2 nd Round State	*Varsity/JV Practice 3-5pm
15 th	16 th	17 th	18 th	19 th
*Varsity/JV Practice 3-5pm	Semi Finals State	*Varsity/JV Practice 3-5pm	*Varsity/JV Practice 3-5pm	State Championship Game

*If needed