



## Highland High School Reflections 2016-17

# “What Is Your Story????”

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- **What is Reflections?** Reflections is a nationwide contest meant to give students the opportunity to explore and learn about various art forms.
- **What is the 2016-17 Theme?** “What Is Your Story?” Keep the theme in mind when considering your project ideas.
- **What are the categories I can enter?** Read the specific guidelines for categories found at <http://www.utahpta.org/reflections>
  - Here are just a few ideas:
    - Literature (write a short story, reflective essay, drama, narrative or poem)
    - Musical Composition (sing or play an original song and in any music medium like, rock, jazz, religious, orchestral, a cappella, choral, band, blues or hip-hop)
    - Photography (take pictures using various and different lens and lighting)
    - Visual Arts – 2D (create a picture using crayons, markers, paints, metal punch-out, computer generated or picture collage).
    - Visual Arts – 3D Art (create a sculpture, jewelry, mobile or ceramic piece).
    - Dance Choreography (perform an original dance in the style of ballet, contemporary, jazz, hip-hop, ice skating, color guard or gymnastics)
    - Film Production (animation, narrative, documentary, experimental, multimedia)
- **What about Special Needs Students?** There is a Special Artist category for students with special needs. Special needs students can either enter in the Special Artist division or in an age group that meets their abilities. This will be up to the parents how they choose to classify their student. See guideline sheets for details at: <http://www.utahpta.org/reflections>
- **Where do I get an entry form?** Entry forms and additional information are available to download on our website or to pick up in main office. Each Category has its own packet. Please read the guidelines carefully. Entry forms and guidelines can also be found at: <http://www.utahpta.org/reflections>
- **When are entries due?** NOVEMBER 4th, 2016
- **Where do I turn in my entries?** Main Office to Whitney and Karrie
- **Who do I contact if I have questions?** Email Ingrid Hansen [ingridmlh@gmail.com](mailto:ingridmlh@gmail.com) or text 385-225 6773 Please allow for at least a 24 hour turn-around.

The following is a list of items with which the PTA is in need of help. If you are able to help, please contact Debbie Hogan cell # 801-209 42 86

- Organizing and sorting entries on specific date a few days after deadline.
- Transporting entries to and from judges.
- Contacting parents about the awards assembly.
- Organizing and sorting entries for the awards assembly.
- Judge or know someone who can judge one of the categories.

# Snapshot of Guidelines

See official guidelines for complete list per individual category at: <http://www.utahpta.org/reflections>

## Visual Arts 2D

- Must be new and original Artwork of one student
- Artwork must not exceed 24" x 30" including matting
- Paper entries must be mounted on sturdy board and covered in plastic film
- Artwork must be flat and not exceed 3/8" thick.
- No Framed artwork accepted
- Nothing 3-D may extend off surface (noodles, beans etc)
- Label back of entry, pictures with student name, title of artwork, arts category and division
- Insert into a clear plastic sheet protector  
    SIGNED Student Entry Form  
    Consent Form if required
- Tape sheet protector to the back of your artwork over plastic protector

## Dance Choreography & Film Production

- Must be new and original work of one student
- Video must not exceed 5 minutes in length and 1GB (one gigabyte) in file size
- Accepted file formats include: AVI, MOV, MPG, MPEG, MP4, WMV, FLV and F4V
- Cite background music
- Submit on CD/DVD/Flash Drive
- Label both CD/DVD and cover with name For flash drives attach a keyring/label with the same information
- Place CD/DVD/flash drive into a 10" x 13" manila envelope
- Insert into a clear plastic sheet protector  
    SIGNED Student Entry Form  
    Consent Form if required
- Tape sheet protector to the manila envelope

## Music Composition

- Must be new and original Artwork of one student
- All instruments, sounds, styles and combinations are accepted
- The composer may be the performer or one of the performers but does not have to be
- Notation or score is required for middle and high school
- Audio recording should not be longer than 5 minutes and the accepted formats include: MP3, MP4, WMA, WAV, ACC and FLAC. No Videos.
- Label CD or Flash Drive with student name, title of artwork, arts category and division & teacher's name
- Insert into a clear plastic sheet protector  
    SIGNED Student Entry Form  
    Consent Form if required
- Tape sheet protector to a 10x13 manila envelope

## Visual Arts 3D (Separate in Utah Only)

- Must be new and original Artwork of one student
- Art is not limited in size, but must be easily moveable.
- Include a 5x7 photograph for identification purposes
- Label entry with student name, title of artwork, arts category and division & teacher's name
- Insert into a clear plastic sheet protector  
    SIGNED Student Entry Form  
    Consent Form if required
- Tape sheet protector to the back of your artwork over plastic protector

## Literature

- Must be new and original work of one student
- Work must not exceed 2,000 words
- Handwritten or Typed is acceptable
- Only 8 1/2 x 11 inch, one sided paper is acceptable
- Student's first name and last name initial and page number must be on the back of each page
- Submit the original and 2 copies in a 10" x 13" manila envelope
- Insert into a clear plastic sheet protector  
    SIGNED Student Entry Form  
    Consent Form if required
- Tape sheet protector to the manila envelope

## Special Artist Division Information

- Option 1 - Enter in Traditional Grade Divisions. Qualifying students follow all arts category rules and may not receive assistance other than that which is allowed for all children, but do receive accommodation to submit Reflections entries in the grade division most closely aligned to their functional abilities. They are recognized and awarded prizes as part of the general student population without regard to special needs or challenges.
- Option 2 - Qualifying students entering this non-grade division create their own artwork, but may receive non-artistic accommodation and assistance from an adult. Make sure to follow guidelines from the art category.

## Photography

- Must be new and original Artwork of one student
- Print must not exceed 11" x 14" including matting
- Print must be mounted on sturdy board
- No framed prints accepted
- Label back of entry with student name, title of artwork, arts category and division
- Cover print with plastic film
- Insert into a clear plastic sheet protector  
    SIGNED Student Entry Form  
    Consent Form if required
- Tape sheet protector to the back of your artwork over plastic protector